

WHAT IS HEATHER'S TUMMY FIBER™ ORGANIC ACACIA?

- Acacia is NOT a drug, it is NOT a laxative, it is NOT an anti-diarrheal medication
- Acacia is a medical food for the dietary management of Irritable Bowel Syndrome
- Helps diarrhea AND constipation
- Dietary soluble fiber; not insoluble fiber
- Certified organic by Ecocert, Kosher certified
- Has a prebiotic effect; increases good gut flora
- Has no additives, fillers, colors, or flavors
- Tasteless, odorless, colorless, grit-free
- Will not thicken on standing — no choking risk!
- Add Acacia to liquids or moist foods
- Very concentrated — one level tablespoon has 6 grams soluble fiber
- Acacia is GRAS, is safe for use in children, and is naturally gluten free

Does your *Organic* diet include soluble fiber?

Studies have shown that soluble fiber, as part of the diet, regulates bowel motility (alleviating both diarrhea AND constipation), and relieves abdominal pain from IBS.

Acacia is an organic, prebiotic soluble fiber supplement with absolutely no additives, and, as part of the diet, it normalizes bowel function naturally.

Acacia's prebiotic effect also stimulates the growth of healthy gut flora, which in turn reduces bloating, gas, and bowel irregularities from IBS.

